

HOMEOPATHY

Homeopathic remedies can help those with a fear of flying.

Homeopathy has a very good track record of helping people to overcome their fear of flying.

Most people treated have overcome their fear after taking an acute remedy within half an hour, and the remedy can be taken more often if necessary if symptoms return during the journey.

There is a remedy that is commonly used for fear of flying and is well used effectively as an acute and constitutional remedy throughout Homeopathic circles around the world. There are several remedies that can be effective for fear of flying as well as anticipatory anxiety and/or travel sickness that may accompany the person's symptoms. Matching the correct remedy to the individual's personal ailments is important to effect a beneficial cure.

Remedies are taken by the client prior to the journey and during the journey if needed, dependant on their symptoms. By doing this, it gives them added confidence that they have something that is effective and easy to take. It does not interfere with orthodox medicine or other therapies prescribed.

Homeopathy is also safe for all ages to take, even babies and pregnant mothers. Remedies are also cheap to buy and simple to take.

There are several clinics in the Surrey area: East Grinstead, Epsom downs and Reigate - Downs Homeopathic Clinic, Juliet Moore LCH, RSHom. Telephone: 01737- 277265

TO FIND A CLINIC YOUR AREA (UK) - CONTACT THE SOCIETY OF HOMEOPATHS WEBSITE at www.homeopathy-soh.org Tel: 01604 621400

Other Homeopathic Registers: The Society of Homeopaths - email: societyofhomeopaths@btinternet.com

The UK Homeopathic Medical Association - Tel: 01474 560336

The Faculty of Homeopathy, Royal London Homœopathic Hospital, PO Box 194, London SE 16 1QZ - Tel: 0207 837 9469